

## Suicide The Forever Decision

The New York Times bestselling WORLDWIDE phenomenon Winner of the Goodreads Choice Award for Fiction | A Good Morning America Book Club Pick | Independent (London) Ten Best Books of the Year "A feel-good book guaranteed to lift your spirits."—The Washington Post The dazzling reader-favorite about the choices that go into a life well lived, from the acclaimed author of How To Stop Time and The Comfort Book. Somewhere out beyond the edge of the universe there is a library that contains an infinite number of books, each one the story of another reality. One tells the story of your life as it is, along with another book for the other life you could have lived if you had made a different choice at any point in your life. While we all wonder how our lives might have been, what if you had the chance to go to the library and see for yourself? Would any of these other lives truly be better? In The Midnight Library, Matt Haig's enchanting blockbuster novel, Nora Seed finds herself faced with this decision. Faced with the possibility of changing her life for a new one, following a different career, undoing old breakups, realizing her dreams of becoming a glaciologist; she must search within herself as she travels through the Midnight Library to decide what is truly fulfilling in life, and what makes it worth living in the first place.

This is a frank, compassionate book written to those who contemplate suicide as a way out of their situations. The author issues an invitation to life, helping people accept the imperfections of their lives, and opening eyes to the possibilities of love.

2043 A.D.: The Ngumi War rages. A burned-out soldier and his scientist lover discover a secret that could put the universe back to square one. And it is not terrifying. It is tempting...

A leading public critic reminds us of the compelling reasons people throughout time have found to stay alive

Provides positive advice and encouragement to the person thinking about committing suicide.

"Sue Blauner's you-are-there account . . . offers insight and understanding to anyone who has been touched by suicide."—Joan Anderson, author of A Year by the Sea An epidemic of international proportions, suicide has touched the lives of nearly half of all Americans, yet is rarely talked about openly. In this timely and important book, Susan Blauner breaks the silence to offer guidance and hope for those contemplating ending their lives—and for the loved ones who want to help them. A survivor of multiple suicide attempts, Blauner eloquently describes the feelings and fantasies surrounding suicide. In a direct, nonjudgmental, and loving voice, she offers affirmations and suggestions for those experiencing life-ending thoughts, and for their friends and family. Here is an essential resource destined to be the classic guide on the subject.

Set against the bleak winter landscape of New England, Ethan Frome is the story of a poor farmer, lonely and downtrodden, his wife Zeena, and her cousin, the enchanting Mattie Silver. In the playing out of this short novel's powerful and engrossing drama, Edith Wharton constructed her least characteristic and most celebrated book.

REESE'S BOOK CLUB PICK INSTANT #1 NEW YORK TIMES BESTSELLER THE PAPER PALACE IS: "Filled with secrets, love, lies and a summer beach house. What more could you ask?"—Parade "A deeply emotional love story...the unraveling of secrets, lies and a very complex love triangle." —Reese Witherspoon (Reese's Book Club July '21 Pick) "Nail-biting." —Town & Country "A magnificent page-turner." —Cynthia D'Aprix Sweeney, New York Times bestselling author "[An] irresistible placement of a complicated family in a bewitching place." —The New York Times A story of summer, secrets, love, and lies: in the course of a singular day on Cape Cod, one woman must make a life-changing decision that has been brewing for decades. "This house, this place, knows all my secrets." It is a perfect August morning, and Elle, a fifty-year-old happily married mother of three, awakens at "The Paper Palace"—the family summer place which she has visited every summer of her life. But this morning is different: last night Elle and her oldest friend Jonas crept out the back door into the darkness and had sex with each other for the first time, all while their spouses chatted away inside. Now, over the next twenty-four hours, Elle will have to decide between the life she has made with her genuinely beloved husband, Peter, and the life she always imagined she would have had with her childhood love, Jonas, if a tragic event hadn't forever changed the course of their lives. As Heller colors in the experiences that have led Elle to this day, we arrive at her ultimate decision with all its complexity. Tender yet devastating, The Paper Palace considers the tensions between desire and dignity, the legacies of abuse, and the crimes and misdemeanors of families.

SuicideThe Forever Decision : for Those Thinking about Suicide and for Those who Know, Love, Or Counsel ThemBurns & Oates

Do you have a real relationship with God, or do you just have a religion? Do you know God, or do you just know about God? In How Big Is Your God? Paul Coutinho, SJ, challenges us to grow stronger and deeper in our faith and in our relationship with God—a God whose love knows no bounds. To help us on our way, Coutinho introduces us to people in various world religions—from Hindu friends to Buddhist teachers to St. Ignatius of Loyola—who have shaped his spiritual life and made possible his deep, personal relationship with God.

When Dr Ben Givens left his Seattle home he never intended to return. It was to be a journey past snow-covered mountains to a place of canyons, sagelands and orchards, where, on the verges of the Columbia River, Ben had entered the world and would now take his leave of it.

A riveting, incisive, and wide-ranging book about the Right to Die movement, and the doctors, patients, and activists at the heart of this increasingly urgent issue. More states and countries are passing right-to-die laws that allow the sick and suffering to end their lives at pre-planned moments, with the help of physicians. But even where these laws exist, they leave many people behind. The Inevitable moves beyond margins of the law to the people who are meticulously planning their final hours—far from medical offices, legislative chambers, hospital ethics committees, and polite conversation. It also shines a light on the people who help them: loved ones and, sometimes, clandestine groups on the Internet that together form the "euthanasia underground." Katie Engelhart, a veteran journalist, focuses on six people representing different aspects of the right to die debate. Two are doctors: a California physician who runs a boutique assisted death clinic and has written more lethal prescriptions than anyone else in the U.S.; an Australian named Philip Nitschke who lost his medical license for teaching people how to end their lives painlessly and peacefully at "DIY Death" workshops. The other four chapters belong to people who said they wanted to die because they were suffering unbearably—of old age, chronic illness, dementia, and mental anguish—and saw suicide as their only option. Spanning North America, Europe, and Australia, The Inevitable offers a deeply reported and fearless look at a morally tangled subject. It introduces readers to ordinary people who are fighting to find dignity and authenticity in the final hours of their lives.

Living in a "perfect" world without social ills, a boy approaches the time when he will receive a life assignment from the Elders, but his selection leads him to a mysterious man known as the Giver, who reveals the dark secrets behind the utopian facade.

Despite its title, Fishing Lessons will not show readers how to fish. In fact, you don't even have to like to fish to enjoy and appreciate the latest book from respected psychologist, fisherman,

and essayist Paul Quinnett. Fishing Lessons is a rich mix of anecdotes, observations, essays, short stories, one-liners, and personal revelations from Quinnett's rich life and fishing journals. In his honest, straightforward style, the renowned psychologist/fisherman rounds out the trilogy that began with Pavlov's Trout and Darwin's Bass, the first books ever written on the psychology of fishing. This time he tackles the philosophy of fishing -- a philosophy of enjoying life. Over the course of its pages, Fishing Lessons provides satisfying essays that won't so much teach you about fishing as they will teach you about yourself.

"The perfect summer read" (USA TODAY) begins with a shocking tragedy that results in three generations of the Adler family grappling with heartbreak, romance, and the weight of family secrets over the course of one summer. \*A New York Times Book Review Editors' Choice \* One of USA TODAY's "Best Books of 2020" \* One of Good Morning America's "25 Novels You'll Want to Read This Summer" \* One of Parade's "26 Best Books to Read This Summer" Atlantic City, 1934. Every summer, Esther and Joseph Adler rent their house out to vacationers escaping to "America's Playground" and move into the small apartment above their bakery. Despite the cramped quarters, this is the apartment where they raised their two daughters, Fannie and Florence, and it always feels like home. Now, Florence has returned from college, determined to spend the summer training to swim the English Channel, and Fannie, pregnant again after recently losing a baby, is on bedrest for the duration of her pregnancy. After Joseph insists they take in a mysterious young woman whom he recently helped emigrate from Nazi Germany, the apartment is bursting at the seams. Esther only wants to keep her daughters close and safe but some matters are beyond her control: there's Fannie's risky pregnancy—not to mention her always-scheming husband, Isaac—and the fact that the handsome heir of a hotel notorious for its anti-Semitic policies, seems to be in love with Florence. When tragedy strikes, Esther makes the shocking decision to hide the truth—at least until Fannie's baby is born—and pulls the family into an elaborate web of secret-keeping and lies, bringing long-buried tensions to the surface that reveal how quickly the act of protecting those we love can turn into betrayal. "Readers of Emma Straub and Curtis Sittenfeld will devour this richly drawn debut family saga" (Library Journal) that's based on a true story and is a breathtaking portrayal of how the human spirit can endure—and even thrive—after tragedy.

"A highly original, moving, and ultimately life-affirming book." – Sunday Mirror (London) Twenty-four-year-old Veronika seems to have everything – youth and beauty, boyfriends and a loving family, a fulfilling job. But something is missing in her life. So, one cold November morning. She takes a handful of sleeping pills expecting to never wake up. But she does—at a mental hospital where she is told that she has only days to live. Inspired by events in Coelho's own life, Veronika Decides to Die questions the meaning of madness and celebrates individuals who do not fit into patterns society considers to be normal. Bold and illuminating, it is a dazzling portrait of a young woman at the crossroads of despair and liberation, and a poetic, exuberant appreciation of each day as a renewed opportunity.

Teen suicide is an epidemic currently rocking school communities; it's a healthcare crisis like we've never seen before. With the advent of the smartphone and our youth maturing more slowly, mental illness is a major concern amongst our educational system, parents, communities, and the workforce. Jeff Yalden shares his personal and professional experiences in order to help readers recognize the signs that someone is struggling. Learn about teens and their mental health, possible causes of teen suicide, social media depression, sexting laws that potentially label parents as registered sex offenders, bullying versus honesty, and why teens feel the need for perfection. This book belongs in school libraries, in school faculty rooms, and in the hands of parents and teens alike. This book is written for parents, counselors, teachers, school administration, coaches, and a great read for teens too. If you are around teens or youth this book is a must read immediately.

Can a boy be "trapped" in a girl's body? Can modern medicine "reassign" sex? Is our sex "assigned" to us in the first place? What is the most loving response to a person experiencing a conflicted sense of gender? What should our law say on matters of "gender identity"? When Harry Became Sally provides thoughtful answers to questions arising from our transgender moment. Drawing on the best insights from biology, psychology, and philosophy, Ryan Anderson offers a nuanced view of human embodiment, a balanced approach to public policy on gender identity, and a sober assessment of the human costs of getting human nature wrong. This book exposes the contrast between the media's sunny depiction of gender fluidity and the often sad reality of living with gender dysphoria. It gives a voice to people who tried to "transition" by changing their bodies, and found themselves no better off. Especially troubling are the stories told by adults who were encouraged to transition as children but later regretted subjecting themselves to those drastic procedures. As Anderson shows, the most beneficial therapies focus on helping people accept themselves and live in harmony with their bodies. This understanding is vital for parents with children in schools where counselors may steer a child toward transitioning behind their backs. Everyone has something at stake in the controversies over transgender ideology, when misguided "antidiscrimination" policies allow biological men into women's restrooms and penalize Americans who hold to the truth about human nature. Anderson offers a strategy for pushing back with principle and prudence, compassion and grace.

Surviving suicide loss is often about telling the story. Each person who dies by suicide leaves behind a life shared with loved ones and a series of events that led to the suicide. Seeking Hope: Stories of the Suicide Bereaved features the stories of fourteen people in their own words of the losses that have forever changed their lives. These stories describe the endurance of traveling through grief. In addition, the proceeds from the book benefit a fund for suicide bereavement research at the American Association of Suicidology. The goal is that the stories shared here will help others who also must travel the same journey seeking hope after a devastating loss.

In Rachel Heng's debut set in near future New York City—where lives last three hundred years and the pursuit of immortality is all-consuming—Lea must choose between her estranged father and her chance to live forever. Lea Kirino is a "Lifer," which means that a roll of the genetic dice has given her the potential to live forever—if she does everything right. And Lea is an overachiever. She's a successful trader on the New York exchange—where instead of stocks, human organs are now bought and sold—she has a beautiful apartment, and a fiancé who rivals her in genetic perfection. And with the right balance of HealthTech™, rigorous juicing, and low-impact exercise, she might never die. But Lea's perfect life is turned upside down when she spots her estranged father on a crowded sidewalk. His return marks the beginning of her downfall as she is drawn into his mysterious world of the Suicide Club, a network of powerful individuals and rebels who reject society's pursuit of immortality, and instead choose to live—and die—on their own terms. In this future world, death is not only taboo; it's also highly illegal. Soon Lea is forced to choose between a sanitized immortal existence and a short, bittersweet time with a man she has never really known, but who is the only family she has left in the world.

Fans of Girl, Interrupted, Thirteen Reasons Why, and All the Bright Places will love this New York Times bestseller. "A haunting, beautiful, and necessary book that will stay with you long after you've read the last page."—Nicola Yoon, #1 New York Times bestselling author of Everything, Everything and The Sun Is Also a Star Charlotte Davis is in pieces. At seventeen she's already lost more than most people do in a lifetime. But she's learned how to forget. The broken glass washes away the sorrow until there is nothing but calm. You don't have to think about your father and the river. Your best friend, who is gone

forever. Or your mother, who has nothing left to give you. Every new scar hardens Charlie's heart just a little more, yet it still hurts so much. It hurts enough to not care anymore, which is sometimes what has to happen before you can find your way back from the edge. A deeply moving portrait of a girl in a world that owes her nothing, and has taken so much, and the journey she undergoes to put herself back together. Kathleen Glasgow's debut is heartbreakingly real and unflinchingly honest. It's a story you won't be able to look away from. "Girl, Interrupted meets Speak."—Refinery29 "A dark yet powerful read."—Paste Magazine "One of the most affecting novels we have read."—Goop "Breathtaking and beautifully written."—Bustle "Intimate and gritty."—The Irish Times And don't miss Kathleen Glasgow's newest novel *How to Make Friends with the Dark*, which Karen M. McManus, the New York Times bestselling author of *One of Us Is Lying*, calls "rare and powerful."

Three boys struggle to come to terms with the death of a friend in a drunk-driving auto accident in which all four were involved, in a story told through newspaper stories, diary entries, school announcements, telephone conversations, and classroom assignments.

From the Back Cover: In this second edition of *Police Suicide: Epidemic in Blue*, the author brings together "old and new" information on police suicide and he introduces some promising findings. In doing so, he clarifies some issues and provides a source of information for police officers, administrators, and academic researchers. In this lucidly written book of ten chapters, Doctor Violanti discusses the classical studies in suicide, the accuracy and validity of police suicide rates, probable precipitating factors associated with police suicide, the impact of retirement, the idea of "suicide by suspect", the antecedents of murder-suicide, the plight of survivors of police suicide, and information and suggestions for police suicide prevention. Also discussed is the relationship between suicide and the reluctance of police officers to seek professional help. Suggestions are made for police suicide prevention that includes intervention programs and suicide awareness training. The author stresses that the first and most important step in preventing suicide is to recognize the problem. It is hoped that this new edition will provide an additional resource to help prevent these deaths.

What drives a person to take his or her own life? Why would an individual be willing to strap a bomb to himself and walk into a crowded marketplace, blowing himself up at the same time as he kills and maims the people around him? Does suicide or 'voluntary death' have the same meaning today as it had in earlier centuries, and does it have the same significance in China, India and the Middle East as it has in the West? How should we understand this distressing, often puzzling phenomenon and how can we explain its patterns and variations over time? In this wide-ranging comparative study, Barbagli examines suicide as a socio-cultural, religious and political phenomenon, exploring the reasons that underlie it and the meanings it has acquired in different cultures throughout the world. Drawing on a vast body of research carried out by historians, anthropologists, sociologists, political scientists and psychologists, Barbagli shows that a satisfactory theory of suicide cannot limit itself to considering the two causes that were highlighted by the great French sociologist Émile Durkheim – namely, social integration and regulation. Barbagli proposes a new account of suicide that links the motives for and significance attributed to individual actions with the people for whom and against whom individuals take their lives. This new study of suicide sheds fresh light on the cultural differences between East and West and greatly increases our understanding of an often-misunderstood act. It will be the definitive history of suicide for many years to come.

This New York Times bestselling novel from acclaimed author Walter Dean Myers tells the story of Steve Harmon, a teenage boy in juvenile detention and on trial. Presented as a screenplay of Steve's own imagination, and peppered with journal entries, the book shows how one single decision can change our whole lives. *Monster* is a multi-award-winning, provocative coming-of-age story that was the first-ever Michael L. Printz Award recipient, an ALA Best Book, a Coretta Scott King Honor selection, and a National Book Award finalist. *Monster* is now a major motion picture called *All Rise* and starring Jennifer Hudson, Kelvin Harrison, Jr., Nas, and A\$AP Rocky. The late Walter Dean Myers was a National Ambassador for Young People's Literature, who was known for his commitment to realistically depicting kids from his hometown of Harlem.

**#1 NEW YORK TIMES BESTSELLER • ONE OF TIME MAGAZINE'S 100 BEST YA BOOKS OF ALL TIME** The extraordinary, beloved novel about the ability of books to feed the soul even in the darkest of times. When Death has a story to tell, you listen. It is 1939. Nazi Germany. The country is holding its breath. Death has never been busier, and will become busier still. Liesel Meminger is a foster girl living outside of Munich, who scratches out a meager existence for herself by stealing when she encounters something she can't resist—books. With the help of her accordion-playing foster father, she learns to read and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement. In superbly crafted writing that burns with intensity, award-winning author Markus Zusak, author of *I Am the Messenger*, has given us one of the most enduring stories of our time. "The kind of book that can be life-changing." —The New York Times "Deserves a place on the same shelf with *The Diary of a Young Girl* by Anne Frank." —USA Today **DON'T MISS BRIDGE OF CLAY, MARKUS ZUSAK'S FIRST NOVEL SINCE THE BOOK THIEF.**

Discusses the decision to commit suicide, presents strategies to overcome the crisis and get help, and offers a guide for concerned family members and friends

Six million people in America suffer from bipolar disorder. Joan Child's daughter, Pamela, suffered from the disorder, bouncing from doctor to doctor in search of treatment. Yet the demons great louder, and on a summer day in July 1998, the same day that the Oprah Winfrey Show aired a segment on bipolar disorder, Joan Child's 34-year-old-daughter leaped to her death from the window of her father's 15-story apartment. *An Angel to Remember* is her mother Joan's haunting story of grief and guilt, yet it is a beautiful story of love and the courage to find peace and purpose once again. With brutal honesty and vivid detail, Joan recalls how the entire family became entangled with Pam's illness as they watched her dive deeper into the darkness where no one could reach her. Ironically, Pam and Joan were both psychotherapists yet, with all their credentials and medical knowledge, Pam still could not be saved. *An Angel to Remember* masterfully looks back even as it looks forward. Written with vivid memories of Pamela's troubled yet loving life and the final days of her funeral and shiva (a seven-day mourning period in Judaism), the story will break your heart and then mend it again.

Poetry. Drawings by Paul Blake. Originally published in 1977 by Good Gay Poets of Boston. "A book whose page has come. ruth weiss has been sounding these poems, alone or with jazz accompaniment, for many years. It's now ocheny chorosho that they appear for the senses of those potential poets searching for new modulations of expression; for her poems are of the rhythms of our time and the interlaced, repetitive subtleties are sewn by that 'thread for those who breathe in rags' (Vallejo) which bespeaks and sings the deep loom of the bronze lotus."—Jack Hirschman

"Blazingly original, wry, and perfectly attuned to the oddness—and the profundity—of life" (Cristina Henríquez), Claire Luchette's debut, *Agatha of Little Neon*, is a novel about yearning and sisterhood, figuring out how you fit in (or don't), and the unexpected friends who help you find your truest self *Agatha* has lived every day of the last nine years with her sisters: they work together, laugh together, pray together. Their world is contained within the little house they share. The four of them are devoted to Mother Roberta and to their quiet, purposeful life. But when the parish goes broke, the sisters are forced to move. They land in Woonsocket, a former mill town now dotted with wind turbines. They take over the care of a halfway house, where they live alongside their charges, such as the jawless Tim Gary and the headstrong Lawnmower Jill. *Agatha* is forced to venture out into the world alone to teach math at a local all-girls high school, where for the first time in years she has to reckon all on her own with what she sees and feels. Who will she be if she isn't with her sisters? These women, the church, have been her home. Or has she just been hiding? Disarming, delightfully deadpan, and full of searching, Claire Luchette's *Agatha of Little Neon* offers a view into the lives of women and the choices they make.

*Out of the Nightmare*. An all-out assault on the barriers that stand between you and recovery from depression and suicidal pain. decomposes recovery from depression into recovery from envy, shame, self-

