

## **Sophie Spikey Has A Very Big Problem A Story About Refusing Help And Needing To Be In Control Therapeutic Parenting Books**

William Wobbly is having lots of wobbly feelings one morning but his mum is so busy that she doesn't notice. William Wobbly's worries worsen when he notices small changes at school. "Where's my real teacher?!" he wonders. He hides under his desk and he chews holes into his jumper, but even that doesn't take the wobbly feelings away. Luckily, his mum is here to help him cope when he's afraid. Written by a mum who understands, and her daughter (who used to have a lot of wobbly feelings), this is a story for children aged 3-10 with problematic coping habits.

A wickedly dark debut thriller about three women who've all been involved with the same man and realize the one thing they have in common is that they all want revenge against him... Divorces are often messy, and Imogen's is no exception. Phillip Rochester is controlling, abusive, and determined to make things as difficult as possible. When he shows up without warning demanding that Imogen move out of their house by the end of the month or he'll sue for sole custody of their young son, Imogen is ready to snap. In a moment of madness, Imogen does something unthinkable--something that puts

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her in control for the first time in years. She's desperate to protect her son and to claim authority over her own life. But she wasn't expecting both Phillip's ex-wife and new girlfriend to get tangled up in her plans. These three very different women--and unlikely allies--reluctantly team up to take revenge against a man who has wronged them all.

The second in a series from bestselling author Chris d'Lacey. Full of adventure and suspense, this novel about dragons reveals the truth of the icefire. When David is assigned an essay on the history of dragons, there is only one thing he knows for sure -- he wants to win the prize of a research trip to the Arctic. As David begins to dig deeper into the past, he finds himself drawn down a path from which there is no going back . . . to the very heart of the legend of dragons, and the mysterious, ancient secret of the icefire. . . . Don't miss Chris d'Lacey's addition to his rich dragon mythology in his next series, The Erth Dragons!

Adopted children who have experienced loss, abuse or neglect need additional support for their emotional development, and are more likely to have special educational needs. This useful resource provides a complete plan for creating adoption-friendly environments in primary, secondary and specialist schools. The book is grounded on new research which gathered together testimonies from over 400 school staff members, adoptive parents and

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adoption specialists. With realistic consideration of pressures and limitations currently faced by schools, it gives advice on eight key areas for school development, including communicating with parents, training staff, using resources wisely and recognising children's individual needs. Completing the toolkit is a broad selection of photocopyable and downloadable plans for establishing adoption-friendly frameworks, and for demonstrating good practice to staff, pupils, families and school inspectors.

Starting at a new school is tough. But starting at a new school in a whole new country is awful. Charley Chatty likes shiny things, especially shiny pennies. Sometimes Charley thinks her siblings get more than her so she likes to keep the pennies safe in her pocket. Charley spots some pennies lying around the house, and puts them in her piggy bank. But she gets very nervous when her Dad starts looking for the missing pennies. Luckily, Charley's Dad is good at working out what might have happened and helps Charley to put it all right again. Written by a mum who understands and her daughter, who is adopted, this insightful story will help your whole family to feel a bit better.

The second book in the brilliant Roald Dahl Funny Prize winning BARRY LOSER series. Perfect for readers aged 7-10 years old and fans of Diary of a Wimpy Kid, Tom Gates and Dennis the Menace. You

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know when someone's horrible to you in a dream and you wake up really annoyed with them? That's what happened to me with my best friend Bunky. Barry has a new problem: Gordon Smugly - who's got the most perfect name for himself ever in the history of having a name, because he looks like a Gordon and is smug and ugly - has stolen Barry's best friend. Join Barry as he attempts to get Bunky back, organises a girly-screamvoice test and tries to avoid seeing his teacher kissing his gran. Have you got all of Jim Smith's amazekeel books? I am not a Loser I am still not a Loser I am so over being a Loser I am sort of a Loser Barry Loser and the holiday of doom Barry Loser and the case of the crumpled carton Barry Loser's ultimate book of keelness Barry Loser hates half term My mum is a loser My dad is a loser Future Ratboy and the attack of the killer robot grannies Future Ratboy and the invasion of the nom noms Future Ratboy and the quest for the missing thingy Barry Loser: I am Not a Loser was selected as a Tom Fletcher Book Club 2017 title. Jim Smith is the keelest kids' book author in the whole wide world amen. He graduated from art school with first class honours (the best you can get) and went on to create the branding for a sweet little chain of coffee shops. He also designs cards and gifts under the name Waldo Pancake.

'I lost count of the number of times I laughed out loud, I was rooting for Laura from the first page.

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Tender, funny, smart and brilliantly observed. The perfect blend of uplifting escapism and social satire, an utter page turner and such a clever, perceptive moving one. I LOVED it!' DAISY BUCHANAN No one's life is as perfect as it looks. Least of all Laura Morrison's. (Although she's not sure how perfect hanging onto your job by a thread and sleeping on an air mattress at your sister's looks, in all honesty.) When Laura gets the chance to trial Cupid - a high-tech new dating service which will draw on everything she's ever done online to find her perfect match - she figures it's got to be worth a try. She can't believe her luck when good-looking, kind considerate Adam turns up for their first date. On paper he's...well...perfect. But when Laura develops feelings for the person who led her to Adam in the first place, familiar doubt creeps in. Maybe for life to start falling into place, Laura has to learn to let go... Sharply-observed and laugh-out-loud funny, NO SUCH THING AS PERFECT is the perfect novel for anyone who has ever wondered if there's a formula for finding love. \_\_\_\_\_

'Brimming with wit and razor sharp observations' SOPHIE COUSENS, author of This Time Next Year 'Poignant, warm and very, very clever, this is perfect for anyone who thinks they're the only one without the answers. I felt vindicated and lifted after I'd read it!' LAURA JANE WILLIAMS 'I ADORED it! Fast, funny, relatable and super uplifting, with a genius

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premise and a loveable lead character I was hugely invested in. Every page had me hooked.' HELLY

ACTON 'This is a smart thoughtful romcom with real heart and a deeply satisfying ending.' RED 'A fresh,

funny, sexy tale of dating woes, family expectations, technological adventure, and loyal friendships, this

book will make your world a brighter place'

KATHERINE HEINY 'It is so funny (properly laugh-out-loud funny) and smart and full of characters I feel

like I know' LAURA KAY 'Whip-smart on

relationships, especially the trickiest of family

dynamics, all so tenderly and charmingly drawn too'

ABBIE GREAVES

Callum Kindly is a kind and caring boy, who lives alone with his mum. That is until Katie Careful comes to stay with them who Callum thinks is a very weird child! Katie manages to get in the way whenever Callum wants to speak to his mum or have snuggle time. She cries and sulks on his birthday and she steals his toy car. Luckily, his mum can explain to him why Katie acts differently. Written by an adoptive mum and her daughter, this is a story that explains what it's like for children aged 3-10 living with foster or adopted children, or with new children in the family.

'I loved my trip to Hedgehog Hollow. An emotional read, full of twists and turns' Heidi Swain 'A warm hug of a book. I never wanted to leave Hedgehog Hollow. Very highly

recommended.' Della Galton Can love really be found when you stop looking for it...? As Samantha Wishaw watches the love of her life marry another woman, she's ready to give up hope of finding her happy ever after. But when a chance encounter leads Sam to find friendship in Thomas - a lonely,

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grumpy elderly widower living at derelict Hedgehog Hollow - her life is about to change forever. Glad to have a distraction from family feuds and match-making, Sam vows to fulfil Thomas and his wife, Gwendoline's, dreams of restoring Hedgehog Hollow to its former glory, and to open a hedgehog rescue centre. Throwing herself into the task at hand, little does Sam realise that the keys to love and happiness may also be found at Hedgehog Hollow, when she least expects it... Escape to Hedgehog Hollow this summer with top 10 bestseller Jessica Redland for the perfect uplifting, feel-good read. What readers are saying about Finding Love at Hedgehog Hollow 'This story is really romantic and i am sucker for romance. There are some difficult topics in it too. Loss, Friendships, family fueds and some hard but right decisions. Marvelous!' 'I'm such a huge fan of cosy, warm, uplifting fiction and this story fit the bill perfectly for me. It had everything from romance and blossoming new friendships, to heartache and toxic family members. It was a joy to read and a wonderful story to lose myself within' 'This is a book that hooks you on the first page. It has family drama, romance and of course cute little hedgehogs' 'Such a wonderful story' 'One of the other things that really shined in this book was the characters. I felt like they were well developed, dynamic, and interesting. And of course, the way the hedgehogs tie into the overall story is so beautiful.' 'such a beautiful and engaging read' 'I have no idea where to start in trying to explain how fabulous this book is.'

Move over Perfect Parents! 'But he looks so NORMAL!' A phrase guaranteed to catapult me into bad-tempered parenting. If you are a foster parent, adopter, kinship carer or other Therapeutic Parent looking after a child with additional needs, you may be tired of putting up with Patronising Professionals, dealing with Arguing Children whilst worrying that you have become a very bad-tempered parent. This

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irreverent look therapeutic parenting epic fails, also combines strategies for efficiently dispatching reward charts. Sarah Naish, a self-confessed Bad-Tempered Mother & adopter of 5, will help you to feel comfortable in your own bad-tempered skin.

This new book from life work expert Joy Rees explains the value of effective and meaningful life work with children who are fostered and adopted, and how best to carry this out. This book will help social work professionals, foster carers and adopters to understand the many aspects of life work and to consider the important contributions they can all make to this task. Life work is about helping children to know and to understand their personal stories and the life experiences that have shaped them. Enabling children to reach their potential and achieve the best possible outcome is the common goal, and this is best achieved by using the collaborative approach to life work advocated in this book

"Catherine Gildiner is nothing short of masterful—as both a therapist and writer. In these pages, she has gorgeously captured both the privilege of being given access to the inner chambers of people's lives, and the meaning that comes from watching them grow into the selves they were meant to be."  
—Lori Gottlieb, New York Times bestselling author of *Maybe You Should Talk to Someone* In this fascinating narrative, therapist Catherine Gildiner's presents five of what she calls her most heroic and memorable patients. Among them: a successful, first generation Chinese immigrant musician suffering sexual dysfunction; a young woman whose father abandoned her at age nine with her younger siblings in an isolated cottage in the depth of winter; and a glamorous workaholic whose narcissistic, negligent mother greeted her each morning of her childhood with "Good morning, Monster." Each patient presents a mystery, one that will only be unpacked over years. They seek Gildiner's help to overcome

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an immediate challenge in their lives, but discover that the source of their suffering has been long buried. As in such recent classics as *The Glass Castle* and *Educated*, each patient embodies self-reflection, stoicism, perseverance, and forgiveness as they work unflinchingly to face the truth. Gildiner's account of her journeys with them is moving, insightful, and sometimes very funny. *Good Morning, Monster* offers an almost novelistic, behind-the-scenes look into the therapist's office, illustrating how the process can heal even the most unimaginable wounds.

Therapeutic parenting is a deeply nurturing parenting style, and is especially effective for children with attachment difficulties, or who experienced childhood trauma. This book provides everything you need to know in order to be able to effectively therapeutically parent. Providing a model of intervention, *The A-Z of Therapeutic Parenting* gives parents or caregivers an easy to follow process to use when responding to issues with their children. The following A-Z covers 60 common problems parents face, from acting aggressively to difficulties with sleep, with advice on what might trigger these issues, and how to respond. Easy to navigate and written in a straightforward style, this book is a 'must have' for all therapeutic parents.

\*\*\*PRE-ORDER BEN MILLER'S LATEST BOOK, *THE DAY I FELL INTO A FAIRYTALE*, OUT 1 OCTOBER 2020!\*\*\*

Following the breakout success of his instant festive classic, *The Night I Met Father Christmas*, get ready for the brilliant new novel from comedian, actor and bestselling author, Ben Miller! 'Stories are often about a good person who does a Bad Thing, and this is no exception...' Harrison tries his best to be good. He doesn't steal, he always shares with his sister and he never cheats at board games, but Harrison also has a BIG flaw ... He can't control his temper! So when he's given a black hole instead of a balloon at a party, Harrison jumps at

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the chance to get rid of everything that makes him cross. But when it's not just things he hates that are disappearing into the black hole but things he loves, too, Harrison starts to realise that sometimes you should be careful what you wish for... An out-of-this-world adventure about twists of fate, time travel and troublesome black holes, Ben Miller's stunning storytelling is brought to life with beautiful illustrations from emerging talent Daniela Jaglenka Terrazzini. Praise for *The Night I Met Father Christmas*: 'A gorgeous tale brimming with the magic of Christmas. A sheer delight for all kids both big AND small.' Ruth Jones, award-winning writer and comedian 'Enchanting, funny and intriguing in equal measure' Philip Ardagh, bestselling author 'Bubbles with warmth and mischievous humour ... irresistible' Alexander Armstrong, presenter, comedian and writer 'A fire-side gem of a story' Abi Elphinstone, bestselling author

Ellie Jelly wakes up hungry and ready for breakfast, but Mum is busy with her little sister Grace. Ellie tries to get Mum's attention: she bangs the table, she makes loud singing noises, but it's no good. Finally she decides to make her own breakfast, picking up the heavy milk carton and - OH NO - spilling the milk all over the table and the floor! Mum gets really angry and shouts at Ellie - Ellie feels all wobbly and her chest is banging - will Ellie Jelly and Mum ever be friends again? This book will help children aged 3-7 to understand why parents sometimes get angry, and that they don't always mean what they mean when they are cross. Ellie's mum loves her more than the whole wide world.

Billy Daley hasn't been home in years, and he likes it that way. He's just fine on his own—he has a cash-in-hand job at a scrapyards, a half-feral cat to keep him company, and many miles between him, his hometown and all the baggage that comes with it. Until the job goes

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sideways. Suddenly he's back in Rushmere, working for none other than his brother's best friend—a man whose kiss Billy can't seem to forget. Gus Amour's memories of Billy Daley are all spiky edges, lips crushed against lips and a reckless streak that always ended in trouble. But when Billy needs a place to stay, Gus steps in. He'd do anything for the Daley family, including living, and working, side by side with a man who makes his heart beat too fast and his blood run too hot—two things he's been running from for years. It doesn't take long before their easy banter, lingering touches and heated glances become a temptation too hard to resist. But falling into bed and falling in love are two different things, and love has never come easy to either Billy or Gus. Only when fate threatens to steal away their opportunity for a second chance will they realize they don't need easy. They just need each other. Forgiven Book 1: Forgiven Book 2: Unforgotten

Following huge acclaim for Sophie's brother, 'William Wobbly and the Very Bad Day'. Sophie Spikey is now also here to help! Sophie did not have an easy start in life. She has attachment difficulties, (RAD) and she cannot trust adults to help her. Now she has a big problem. She has lost her shoes again and has no idea how she is going to be able to leave the house. One thing she knows for sure, is that she will NOT be asking her new mum for help. Feeling overwhelmed by shame, and with her head feeling 'busy and hot' Sophie is frozen and needs some help. Luckily, Sophie's new mum has a good idea about how to help Sophie. She has had to learn to be very clever, since she adopted Sophie and

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her siblings. Second in the Therapeutic Parenting series, this is a simple straightforward story which gets straight to the heart of the matter. Written by an adopter and her eldest daughter, Sophie Spikey gives therapeutic parents the words they need to find, to help heal their children.

Why doesn't the explosive growth of companies like Facebook and Uber deliver more prosperity for everyone? What is the systemic problem that sets the rich against the poor and the technologists against everybody else? When protesters shattered the windows of a bus carrying Google employees to work, their anger may have been justifiable, but it was misdirected. The true conflict of our age isn't between the unemployed and the digital elite, or even the 99 percent and the 1 percent. Rather, a tornado of technological improvements has spun our economic program out of control, and humanity as a whole—the protesters and the Google employees as well as the shareholders and the executives—are all trapped by the consequences. It's time to optimize our economy for the human beings it's supposed to be serving. In this groundbreaking book, acclaimed media scholar and author Douglas Rushkoff tells us how to combine the best of human nature with the best of modern technology. Tying together disparate threads—big data, the rise of robots and AI, the increasing participation of algorithms in stock market trading, the gig economy, the collapse of the eurozone—Rushkoff provides a critical vocabulary for our economic moment and a nuanced portrait of humans and commerce at a critical crossroads.

Charley Chatty likes to talk. Charley talks so much that

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her mouth gets dry but there's just so much to say! "Why is the pavement brown?" "I have got two shoes.

Everyone has two shoes." "I can hear the radio. Who is on the radio? Why is there a button on the radio?"

Sometimes, Charley's imagination takes over and she tells stories about things that didn't really happen. She doesn't mean to but she likes how it makes her feel important and the wiggly worry worm inside her belly goes away. Written by a mum who understands, and her daughter (who also liked to tell tales), this is a story for children functioning at age 3-10.

Today Rosie Rudey has had enough! "Rosie, put your coat on, it's cold outside." "Rosie, bring your sandwich box to the kitchen, please." "Rosie, stop being nasty to your brother." LEAVE ME ALONE, she thought. Rosie did not have an easy childhood which has made her build a hard shell around herself so no one can get in. Luckily her new mum knows just how to help soften Rosie's hard exterior. Written by a mum who understands, and her daughter (who was also a bit prickly), this is a story for children functioning at age 3-10.

Sophie Spikey Has a Very Big Problem A story about refusing help and needing to be in control Jessica Kingsley Publishers

Vintage Shobhaa Dé, with scathing take-offs on everything, from the caste system to male chauvinism, from sex to social pretension . . . in other words, it's all great fun'-Economic Times Watching the preparations for independent India's 60th birthday in 2007, Dé-poised then to enter her own sixth decade-was struck by the

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thought, 'Surely my life has taken the same trajectory as the country's!' While she reflected on this, many more questions arose: Does India really deserve to congratulate itself? Has it lived up to the early promises it made to its people? Does Dé herself believe in India? In *Superstar India*, an intimate confession to her readers, Dé answers these questions and discovers a jawan-young-India, ready to find its place in today's world. Witty, passionate and gloriously opinionated, *Superstar India* celebrates the spirit of a nation that is certainly not about to lose its glow.

Parenting and education expert Alfie Kohn tackles the misconception that overparenting and overindulgence has produced a modern generation of entitled children incapable of making their way in the world.

The author of the beloved No. 1 *Ladies' Detective Agency* draws from his own sailing experience to deliver this rip-roaring adventure on the high seas. The first volume in a middle-grade adventure-mystery series perfect for boys and girls! Ben and Fee MacTavish are twins who've been homeschooled on a submarine. Now they're heading to the School Ship Tobermory. This is no ordinary school—it's a sailing ship where kids from around the world train to be sailors and learn about all things nautical. Come aboard as the kids set sail for their first adventure. Ben and Fee make friends as they adjust to life aboard the Tobermory. When a film crew arrives on a nearby ship, the *Albatross*, Ben is one of the lucky kids chosen as a movie extra. But after a day's filming, his suspicions are aroused. Are the director and crew really shooting a film? Or are they protecting a secret on

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the lower decks of the Albatross? Ben, Fee, and their friends set out to investigate. Are they prepared for what they might find?

Rosie Rudey loves chocolate. It's her very favourite food, and it helps fill the empty feelings in her tummy. When her stupid siblings annoy her, Rosie wants nothing more than to eat lots and lots of chocolate. One day, Rosie takes all of her family's chocolate and forms her own enormous chocolate mountain. She thinks it is beautiful and it takes away all her fuzzy feelings. But then suddenly, there's no chocolate left! And now Rosie is going to throw up. Luckily, Mum understands why Rosie acts this way. Written by a mum who understands, and her daughter, who is adopted, this endearing story will help your whole family to feel a bit better.

'What was Pig City?' thought Laura. Soon it would be something that everyone wanted to be part of . . . Laura Sibbie is trying to find the perfect 'pigs' for her new club, Pig City: classmates who can keep the biggest secret ever! But to make sure that none of them tells anyone else about the club, each one must give an 'insurance' - something totally embarrassing - to be hidden unless they break the most important law of Pig City. As Pig City grows and the 'pigs' rule the school, the 'insurances' get more daring and when hotshot Gabriel finds out about the club, life gets more risky for the 'pigs' and more complicated for Laura. Is something terrible going to happen? Now there is a new club around, Monkey Town, and they are going to turn Pig City upside down.

'Pure suspense, where past and present collide with chilling results' Erin Kelly 'A hugely entertaining, fast-

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paced thriller' Caz Frear 'It's a pitch-perfect blend of ghostly terror and pacey thriller' Catherine Ryan Howard 'Dark, spooky and brilliantly plotted, the perfect read for dark winter nights' Harriet Tyce Twenty-six years ago my brother was murdered in my family home. I was sent to a psychiatric unit for killing him. The truth is, I didn't do it. The whole world believed eight-year-old Cara killed her younger brother on that fateful night. But she blamed it on a paranormal entity she swears was haunting her house. No one believed her and after two years of treatment in a psychiatric unit for delusional disorder, Cara was shunned by her remaining family and put into foster care. Now she's being forced to return to the family home for the first time since her brother's death, but what if she's about to re-discover the evil that was lurking inside its walls?

Sophie must embark on her first official mission as a companion in the action-packed sequel to *The Camelot Code*! In the second book in the *Camelot Code* series, Sophie is now tasked with protecting the spirit of King Arthur throughout the ages, so it's no surprise when she and Stu get sucked in to another Arthurian adventure: get the Holy Grail into King Arthur's hands so he can drink from it and recover from a deadly illness. It's not easy, especially since Merlin's apprentice, Emrys, has accidentally turned the Grail into a gassy, fire-breathing baby dragon. And Merlin is the only one who can change it back. But Merlin's on spring break in modern-day Las Vegas (at the *Excalibur*, of course). And Sophie's super-popular (not to mention super-annoying) future stepsister, Ashley, has invited herself along for the ride.

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From sneaking a baby dragon through airport security to the ultimate showdown with the sorceress Morgana, deep in the land of Faerie, this new Camelot Code adventure will test not only the two geeks' courage, but also their very friendship. Spring break just got epic! William Wobbly is having a very bad day. He didn't want to go to school and when he got there things just got worse. The wobbly feeling got bigger and bigger and BIGGER until... Something happened to William Wobbly when he was very little which makes it hard for him to understand or control his feelings. Luckily, his new mum is here to help with his wobbly wobbly feelings. Written by a mum who understands, and her daughter (who used to have a lot of wobbly feelings), this is a story for children functioning at age 3-10 who struggle with sensory overload.

Katie Careful has just moved in with her siblings and their new parents. Even if she's sad or scared, she smiles and smiles to try and hide her wobbly feelings. She clings on to her Mum's leg and won't let go and she even follows her to the toilet, banging on the door to remind her that she's there. Luckily, her Mum understands why Katie acts this way. Written by a mum who understands and her daughter, who is adopted, this insightful story will help your whole family to feel a bit better.

This is a laugh-out-loud exploration of sexuality, family, female friendship, grief, and community. With the heart and hilarity of Netflix's critically-acclaimed Sex Education, Wibke Brueggemann's sex positive debut Love Is for Losers is required reading for Generation Z

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teens. Did you know you can marry yourself? How strange / brilliant is that? Fifteen-year-old Phoebe thinks falling in love is vile and degrading, and vows never to do it. Then, due to circumstances not entirely in her control, she finds herself volunteering at a local thrift shop. There she meets Emma . . . who might unwittingly upend her whole theory on life.

A counselor in the depth psychology tradition shows readers there's nothing to fear from anxiety “The Wisdom of Anxiety serves as a well-lit pathway to the truth of who we are and to how to navigate life when paralyzed by anxiety, depression, overwhelm, and a sense of hopelessness.” —Alanis Morissette, singer-songwriter

Work anxiety. Relationship anxiety. Social anxiety. World anxiety. Money anxiety. Health anxiety. How does reading those words make you feel? All too often, when we experience the things that give us anxiety, our first instinct is to try to run away or numb out from feeling them. But what if the unpleasant feelings you want to turn away from are actually vital sources of information about your well-being? In *The Wisdom of Anxiety*, counselor Sheryl Paul examines the deeper meaning of the racing thoughts, sweaty palms, and insomnia that accompany the uncertain moments of our lives. No one likes to feel anxiety—and yet, Paul asserts it can be a remarkably direct messenger of our subconscious. Here you will learn how you can pause and listen to your anxieties to discover inner truths that you’ve been avoiding. This lyrically written book not only considers the many forms anxieties can take, but also provides deep-dive practices for addressing them at their roots. Here you will learn: The nature of intrusive thoughts and how to manage them. How to explore states of loneliness, apathy, regret, and shame without being caught up in them. Feeling anxiety around feeling good? Discover why and what to do about it. How to

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cultivate your own loving inner parent. Why anxiety can arise from boredom and longing. How to create healthy and meaningful personal rituals to relieve anxiety. Navigating the many sources of anxiety in relationships. Whether it's worry around raising children, nervousness about world events, or any other way anxiety manifests, The Wisdom of Anxiety can help you uncover the true source of your discomfort and find the rich self-knowledge within.

A concise, clear overview of Therapeutic Parenting with integrated links to short inspirational, often humorous videos, demonstrating practical applications of therapeutic parenting techniques. Suitable for all carers, parents and supporting professionals working with children who have suffered early life trauma. Sarah Naish uses her first hand experience to clearly explain the differences between 'standard' parenting and 'therapeutic' parenting, with case studies and examples of good therapeutic parenting strategies, along with practical applications. Written with the busy parent and supporting professional in mind, this short book provides answers for all those caring for children with attachment difficulties, explaining why we need to parent our children differently, common additional challenges faced by Therapeutic Parents, and the best way to resolve them. The book may be read as a 'stand alone' document, but used in conjunction with the videos and video based courses, it provides a powerful foundation in caring for children who have suffered early life trauma. The author provides essential advice to supporting professionals about overcoming blocked care, and helping Therapeutic Parents to stay connected to their child. This book contributes to the new Level 3 Diploma in Therapeutic Parenting, which will be launched by Fostering Attachments Ltd, (Inspire Training Group) in the Autumn of 2016. Discover the enchanting world of five amazing dinosaurs and find out what makes them so loveable. In this charming

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dinosaur book filled with beautiful illustrations and fun facts, little ones can lift up the flaps and peek at the pop-ups to discover amazing dinosaurs that love to have fun! With five spectacular dinosaurs to visit, help little dinosaur lovers find out what makes them so adorable. What did a baby T-Rex look like? Peek inside the pop-up to see. What did Triceratops eat? Look under the flap to find out! With five different dinosaurs to read about, discover the amazing world of these giant, spikey, and scaly creatures. From the armoured Ankylosaurus swishing its heavy tail, to the huge T-Rex with its tiny arms, the intriguing lives of the dinosaurs has never been so exciting. Journeying through the deepest forests where the Diplodocus can be found munching on the leaves of the tallest trees, to the swampy world of the Spinosaurus, young dinosaur lovers can enter the ancient world of their favourite dinosaurs and find out what made them so unique. With fact-filled pop-ups and flaps, as well as helpful pronunciation guides, I Love My Dinosaur is the perfect way to teach children about their favourite dinosaurs. Today Sophie Spikey has a very big problem. She has lost her shoes, again! There is no way she is asking her mum for help, though. I can fix it all by myself, she thought. Sophie did not have an easy start in life and now she cannot trust grown-ups to help her. Luckily, her new mum is good at guessing when Sophie needs a helping hand. Written by a mum who understands, and her daughter (who did not like asking for help), this is a story for children functioning at age 3-10.

"Want to know something else about me? I am Billy Bramble: the King, the President and the Emperor of Bad Lucksville. I am the Chief Executive of Bad Luck Limited, the Bad Luck Champion of the World, the Bad Luck Guinness World Record holder and it's all thanks to my invisible dog Gobber. He's my Bringer of Bad Luck." Billy Bramble likes rude words, smelly farts, loud farts and freestyle sneezing but when BAD

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THINGS happen, his invisible angry dog Gobber barks in his ears, gives him brain mash and breaks things. One day a competition is announced at school - The Great Big Cook Off - can Billy Bramble defeat Gobber and change his epic bad luck? An irreverent story for children aged 8-12 about a less than perfect boy, this book will inspire any child who's ever secretly thought they might be less than perfect too.

Now with extra festive short story 'An exciting, dark novel about friendship; brutally truthful and raw.' – Adele Parks Meet the new neighbours. Whose side are you on?

Far back in the wildest of the mountain country hides Yellow Eyes, the great mountain lion. Beautiful and cruel, like all big cats, Yellow Eyes and his mate, are tawny shadows lurking in the forest. In Rutherford Montgomery's stories animals are animals, not beasts playing the parts of human beings.

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